WHAT TO EXPECT AT YOUR FIRST APPOINTMENT

When you visit us for the first time, we’ll perform an exam and discuss your medical and surgical history. Our surgeon and ultrasound technician will perform an ultrasound evaluation to determine your disease’s extent and tailor a treatment plan accordingly. Our vein care navigator will schedule future appointments, assist with insurance, and help every step of the way.

OUR VEIN CARE TEAM

Jeffrey S. Schmidt, MD, FACS
Board Certified Surgeon and Vein Specialist

Brian J. Schmidt, MD, FACS
Board Certified Surgeon and Vein Specialist

Crystal Yi, DO
Board Certified Surgeon and Vein Specialist

Nicole Ramos, RVT
Registered Vascular Technologist

Tammy Jenkins
Sclerotherapist

We welcome new patients, with no referral necessary. Most insurances provide coverage for varicose vein treatment. Please find more information on our website, ParagonVeinCare.com, or contact us with any questions by calling our office at 704-262-1650.

Led by board-certified surgeons, Paragon Vein Care is a part of Paragon Surgical Specialists, a general surgery practice serving the greater Concord region for over 50 years. Our experienced team is dedicated to improving the lives of those who suffer from painful varicose veins. We utilize the most conservative treatment based on a personalized assessment of each patient’s needs.

We are one of the only vein care practices in the region, offering all of our services in the comfort of our office, eliminating the need for outpatient surgery and general anesthesia – even for more complex cases of varicose veins due to venous insufficiency.
VENOUS REFLUX AND VARICOSE VEINS

It’s not just about how your legs look. It’s also about how they feel.

Over time, some of us experience a condition called venous insufficiency. This condition occurs when veins in your legs start to reflux, and blood does not flow efficiently back to the heart. Slow blood flow and increased pressure in your legs can lead to:

• Bulging veins (varicose vein which can also lead to spider veins)
• Swelling of the legs
• Leg pain
• Cramping
• Skin changes (venous stasis dermatitis)
• Skin ulceration

Risk factors for this condition include: a family history of varicose veins, obesity, pregnancy, lack of exercise, smoking, and sitting or standing for long periods.

Our goal at Paragon Vein Care is to treat your legs to reduce the swelling, address the pain and cramping, and get you back to feeling better. We offer safe and effective treatment options to achieve these goals.

ENDOVENOUS LASER THERAPY (EVLT)

EVLT is a minimally invasive laser procedure that takes less than one hour and provides effective relief. This in-office treatment utilizes a laser to close the varicose vein and stop the blood flow, and reflux is eliminated at its source. Blood that was previously flowing through the “bad” vein diverts to another vein in the leg, so overall circulation is improved.

Published clinical studies have shown that EVLT has a 90% initial success rate with excellent long-term results.

SCLEROTHERAPY

Sclerotherapy is an injection of a medicated solution into small to medium-sized varicose veins and spider veins. The solution causes closure of the veins. After each sclerotherapy session, the veins will appear lighter. A treated area may be bruised or slightly discolored for a few weeks. Sun exposure is discouraged during the first two weeks after each treatment. Multiple sclerotherapy treatments may be required to achieve optimum results.

SPIDER VEINS

Spider veins are tiny superficial vessels that are red, blue, or purple in color. While these may be cosmetically unappealing, they may coincide with underlying venous reflux, and further evaluation may be warranted.

Our comprehensive varicose and spider vein treatments include:

• Ambulatory phlebectomy
• Endovenous laser treatment (EVLT)
• Sclerotherapy and ultrasound-guided sclerotherapy
• Vein ligation
• Compression stockings
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